

DAY 1 - THURSDAY

20 FEBRUARY 2020



07:30-08:00 Registration

08:00-08:30 Welcome & Introduction Hall A

08:30-09:15 Keynote Address Hall A

08:30-09:15

The Year in Diabetes Review

Speaker: Doina Catrinoiu *Romania*

Chairman: Wiam Hussein *Bahrain*



MSD DIABETES

09:15-10:00 State of the Art I Hall A

09:15-10:00

Obesity Workup and Management

Speaker: Naji Alamuddin *Bahrain*

Chairman: Kawthar Al-Eid *Bahrain*

DAY 1 - THURSDAY

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PARALLEL SESSIONS



HALL A

10:00-12:00 Symposium A: Cardiovascular Protection in High Risk Groups

10:00-10:30 Hypertension with diabetes: Guidelines and Targets



Boehringer
Ingelheim

Speaker: Issa Kawalit *Jordan*

Chairman: Rabha Salman *Bahrain*

10:30-11:00 Glycemic Management in high Cardiovascular risk

Speaker: Doina Catrinoiu *Romania*

Chairman: Abeer Alsaweer *Bahrain*

11:00-11:30 Familial Hyperlipidemia

Speaker: Nasreen Al Sayed *Bahrain*

Chairman: Feryal Alsaber *Bahrain*

11:30-12:00 Hyperglycemia in Pregnancy

Speaker: Bachar Afandi *UAE*

Chairman: Ebtesam Ba-Essa *KSA*

HALL B

10:00-12:00 Symposium B: Optimizing Endocrine Replacement Therapy

10:00-10:30 Growth hormone therapy

Speaker: Peter Trainer *UK*

Chairman: Ghazi Almahroos *Bahrain*

10:30-11:00 Adrenal replacement

Speaker: Khawla Ali *Bahrain*

Chairman: Hussein Taha *Bahrain*

11:00-11:30 Testosterone replacement

Speaker: Omar Dhaimat *UAE*

Chairman: Yousef Alsaleh *KSA*

11:30-12:00 HRT in Menopause

Speaker: Nailah Nisar *Bahrain*

Chairman: Abida Qureshi *Bahrain*

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12:00-12:30 **Opening Ceremony** **Hall A**

12:30-13:30 **Prayer & Lunch Break - Posters Viewing**

13:30-14:30 **Satellite Symposium** **Hall A**

13:30-14:30 **How does effective titration
provide a lasting impact for
T2DM patients on basal
insulin? “case-based”**
Nasreen Al Sayed *Bahrain*



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PARALLEL SESSIONS



HALL A

14:30-16:00 Meet the Experts I

14:30-15:15

Adolescent Diabetes

Speaker: Jamal Al Jubeh *UAE*

Chairman: Amal Alghanem *Bahrain*

15:15-16:00



Use of Technology in Diabetes

Speaker: Haya alkhayat *Bahrain*

Chairman: Stephen Atkin *Bahrain*

HALL B

14:30-16:00 Meet the Experts II

14:30-15:15

Pituitary Imaging for non-radiologists

Speaker: Suzanne Abbas *Bahrain*

Chairman: Mona Arekat *Bahrain*

15:15-16:00

PET-CT in Thyroid ca and Endocrine disorders

Speaker: Dalal Alromaihi *Bahrain*

Chairman: Husain Meer *Bahrain*

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16:00-16:30 **Satellite Symposium (Novartis) Hall A**

16:00-16:30 **Vildagliptin Efficacy in Combination
with Metformin for Early Treatment of
T2DM**

Feryal Alsaber *Bahrain*



16:30-17:00 **Coffee Break**

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PARALLEL SESSIONS



HALL A

17:00-18:00 **Symposium A: Challenges in Pediatric Endocrinology**

17:00-17:30 **Short stature**

Speaker: Jamal Al Jubeh *UAE*

Chairman: Majdi Alnajjar *UAE*

17:30-18:00

Precocious puberty

Speaker: Abdelaziz Elamin *Bahrain*

Chairman: Khawla Ali *Bahrain*

HALL B

17:00-18:00 **Symposium B: Reproductive Endocrinology**

17:00-17:30

Causes and Management of Amenorrhea

Speaker: Hatem Shawky *Bahrain*

Chairman: Jehan Abdulla *Bahrain*

17:30-18:00

Female infertility

Speaker: Salam Jibrel *Bahrain*

Chairman: Shatha Bin Jamal *Bahrain*

DAY 2 - FRIDAY

21 FEBRUARY 2020



07:30-08:00 Registration

08:30-09:15 **State of the Art II** Hall A

08:30-09:15 **Cushing's Syndrome Review**
Speaker: Peter Trainer *UK*
Chairman: Yahya Zaman *Bahrain*

09:15-10:00 **State of the Art III** Hall A

09:15-10:00 **Post bariatric medical care**
Speaker: Ebaa Al Ozairi *Kuwait*
Chairman: Feryal Alsaber *Bahrain*

10:00-10:30 Coffee Break

NOTES:

DAY 2 - FRIDAY

21 FEBRUARY 2020

PARALLEL SESSIONS



HALL A

- 10:30-12:00** **Symposium A: Microvascular Complications Update**
- 10:30-11:00** **Update on Diabetic Nephropathy**
Speaker: Issa Kawalit *Jordan*
Chairman: Basel Alhayki *Bahrain*
- 11:00-11:30** **Advances in Diabetic Retinopathy**
Speaker: Samer Bashir *Bahrain*
Chairman: Sumaya Aldosari *Bahrain*
- 11:30-12:00** **Diabetic Neuropathy: Evaluation and Management**
Speaker: Omar Dhaimat *UAE*
Chairman: Majdi Alnajjar *UAE*

HALL B

- 10:30-12:00** **Symposium B: Diabetes and Hypoglycemia**
- 10:30-11:00** **Hypoglycemia in non-diabetics management**
Speaker: Salem Beshyah *UAE*
Chairman: Hussein Taha *Bahrain*
- 11:00-11:30** **Post Bariatric Hypoglycemia**
Speaker: Ebaa Al-Ozairi *Kuwait*
Chairman: Nasreen Alsayed *Bahrain*
- 11:30-12:00** **Intermittent fasting and diabetes**
Speaker: Ahmed Hassoun *UAE*
Chairman: Ebtehaj Alshaikh *Bahrain*

DAY 2 - FRIDAY

21 FEBRUARY 2020



12:00-13:30 Prayer & Lunch Break - Posters Viewing

13:30-14:00 Satellite Symposium **Hall A**

13:30-14:00 Recent advances in GLP-1
RA for the management
of diabetes
Amrit Lamba *UK*



14:00-14:30 Satellite Symposium **Hall A**

14:00-14:25 Choosing Trulicity as the
first injectable therapy in
managing type 2 diabetes
Waleed Al Dahi *Kuwait*



DAY 2 - FRIDAY

21 FEBRUARY 2020

PARALLEL SESSIONS



HALL A

14:30-15:30 Meet the Experts III

14:30-15:00 MODY & LADA

Speaker: Ebtesam Ba-Essa *KSA*

Chairman: Mona Arekat *Bahrain*

15:00-15:30 Diabetes Emergencies

Speaker: Aly Khalil *UAE*

Chairman: Rabaa Alhajeri *Bahrain*

HALL B

14:30-16:30 Meet the Experts IV

14:30-15:00 FRAX update

Speaker: Hussein Saadi *UAE*

Chairman: Ghazi Al mahroos *Bahrain*

15:00-15:30 Hypercalcemia management

Speaker: Yousef Alsaleh *KSA*

Chairman: Saeed Khalaf *Bahrain*

DAY 2 - FRIDAY

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15:30-16:00 Coffee Break

16:00-16:30 Satellite Symposium **Hall A**

16:00-16:30 Envision Pro Continuous Glucose
Monitoring System
Lina Riahi *UAE*

Medtronic

DAY 2 - FRIDAY

21 FEBRUARY 2020

PARALLEL SESSIONS



HALL A

16:30-18:00 **Symposium A: Recent Advances in Management of endocrine disorders**

16:30-17:00 **Hyperthyroidism Management**

Speaker: Ebtesam Ba-Essa *KSA*

Chairman: Hussein Taha *Bahrain*

17:00-17:30 **Endocrine associated arthropathies**

Speaker: Samer Nuhaily *Bahrain*

Chairman: Sahar Saad *Bahrain*

17:30-18:00 **Acromegaly**

Speaker: Hussein Saadi *UAE*

Chairman: Aly Khalil *UAE*

HALL B

16:30-18:00 **Symposium B: Diabetes Practice in Primary Care**

16:30-17:00 **Ramadan and Diabetes update**

Speaker: Bachar Afandi *UAE*

Chairman: Dalal Alromaihi *Bahrain*

17:00-17:30 **Erectile dysfunction and Diabetes**

Speaker: Salem Beshyah *UAE*

Chairman: Sunil Rao *Bahrain*

17:30-18:00 **NAFLD**

Speaker: Ahmed Hassoun *UAE*

Chairman: Mustafa Alabdullah *Bahrain*

18:00-18:30 **Closing Ceremony & Poster Awards**

Hall A