Under the Patronage of his Excellency

Dr. Shaikh Mohammed Bin Abdullah Al Khalifa
President of the Supreme Council for Health in the Kingdom of Bahrain
WELCOME TO

BDER 2019
Bahrain Diabetes and Endocrine Review

Organized by

ROYAL BAHRAIN HOSPITAL
EXPERTISE & EXCELLENCE

Endorsed by

Arabian Gulf University

Accredited by

nhra BAHRAIN

PCO in Charge

21-22 February 2019
The Gulf Hotel, Bahrain
Dear Colleagues,

As the Chair of the conference board of directors, it gives me a great pleasure to welcome you to the Bahrain Diabetes and Endocrine Review, which will be held from 21-22 February 2019 in our beautiful and spectacular Island, Bahrain.

The scientific committee has put together a comprehensive meeting offering plenty of learning opportunities in the growing and exciting field of Endocrinology, Diabetes and Metabolism. The conference will convene over 2-day program presenting high level scientific content in the State-of-the-art presentations, plenary sessions, and the clinical symposia.

We have secured participation of high caliber international, regional, and national speakers delivering cutting edge clinical care to your practices. Furthermore, we bring you a neutral interface with the industry in order to present the latest in available therapeutics and technology that will help you provide the best possible care to your patients. The meeting is also a great opportunity to network with colleagues at regional and international level.

Bahrain is increasingly popular for travelers who want to savor the distinct hospitality and world-class infrastructure that the captivating country offers.

BDER 2019 scientific program is accredited by NHRA for 14 CME Hours

On behalf of the conference board of directors, I look forward to see you and your colleagues for the first meeting of its kind in the country,

Dr. Wiam Hussein
Consultant Endocrinologist
Conference Chairman

Wiam Hussein, ABIM, FACE, FACP
Senior Consultant Endocrinologist, Royal Bahrain Hospital

Board Members

Feryal Ali Alsaber, MBBS, MRCP, FRCP
Senior Consultant Endocrinologist
Head of Endocrine Unit, Royal Medical Services BDF Hospital

Ghazi M. AlMahroos, MBCHB, MRCP(UK), FACE
Consultant Endocrinologist

Husain Taha Radhi, M.B.B.S, ABIM, SSC-MED (Endo)
Consultant Internal Medicine, Endocrinologist, Salmaniya Medical Complex – MOH

Mona Arekat, ABIM, FACE, FRCP(London)
Assistant Professor of Internal Medicine Vice Dean Clinical Affairs (AGU)
Consultant Endocrinologist
Abdulmohsen H. Al Elq, MD, ABIM, FACE

Professor of internal medicine and endocrinology, King Fahd Hospital of the University-Al-Khobar
Department of Internal Medicine, College of Medicine, Imam Abdulrahman Bin Faisal University, Dammam, Saudi Arabia

Aly Bernard Khalil, MD, FRCP(C), FAACE

Adjunct Associate Professor,
University Al Ain, UAE
Senior Consultant Endocrinology,
ICLDC, Abu Dhabi

Bashir Salih, MD Germany, FRCOG UK

Consultant Obstetric Medicine and Chair of Department of Obstetric medicine Corniche hospital, Past president of SUDA (Sudan Diabetes Association) Gulf Chapter

Glenn Matfin, MSc (Oxford), MB ChB, FACE, FACP, FRCP

Professor of Medicine, MBRU College of Medicine, Dubai Healthcare City, Dubai, UAE
Haitham Amin, MBBs, MSc, FRCPC, FACP, FACC, FSCAI, FRCPI
Assistant Clinical Professor Arabian Gulf University, College of Medicine and Medical Sciences.
Consultant Cardiologist, Head of Cardiology, Mohammed Bin Khalifa Cardiac Centre, Kingdom of Bahrain

Husain Juma, BSC, MD
Consultant dermatologist, Global dermatology Arab board Dermatology Advance fellowship, Singapore

Hussein Saadi, MD, FACP, FACE
Consultant Endocrinologist Chair, Medical Subspecialties Institute, Cleveland Clinic Abu Dhabi Clinical Professor of Medicine, Cleveland Clinic

Mahmoud M. Benbarka, MD, FACP, FACE
Consultant Endocrinologist Health Plus Diabetes and Endocrinology Center Abu Dhabi UAE
Naji Alamuddin
Consultant endocrinologist at King Hamad University Hospital
Senior Lecturer at the Royal College of Surgeons in Ireland

Salam Jibril, MD
Professor of Obstetrics and Gynecology
Senior Consultant in assisted reproduction surgeries
Board member of Al Salam Hospital, Bahrain

Sultan Al Temyatt, MD
Consultant, Minimal Invasive General & Bariatric Surgery, Director Badana Clinic (Center of Excellence for Bariatric Surgery)
Permanent Instructure, Medtronic Center of Innovation (An International Training Center of Metabolic and Bariatric Surgery) - Istanbul, Turkey
Permanent Instructure, European Surgical Institute Hamburg, Germany, Co-founder, Chairman of credential committee SASMBS, Saudi Arabian Society of Metabolic & Bariatric Surgery. Chef in Editor “Arab Gulf Obesity News”
Yahya Al Zaman, BSc (Hons), MD, FRCP (UK)
Associate professor of Medicine and Endocrinology at the RCSI-MUB
Chairman of the Medical department at the BDF hospital, Royal Medical services.

Yousef AL Saleh, MD
Associate Professor of Medicine and Endocrinology, King Saud University for Health Sciences.
He chaired the Saudi Board of Medicine and Medical Subspecialties at the Saudi Commission for Health Specialties between 2011 and 2017.
GENERAL INFORMATION

Meeting Venue

The Gulf Hotel, Kingdom of Bahrain
Awal Ballroom

Housing

The Gulf Hotel, Kingdom of Bahrain
All rooms are on bed & breakfast basis
Check in Time 2:00 p.m.
Check out Time 12:00 p.m.

Meals Timings

**Thursday, 21 February 2019**
Lunch 12:00-13:00
Coffee Break 16:00-16:30

**Friday, 22 February 2019**
Lunch 11:30-13:00
Coffee Break 15:30-16:00

Registration Hours

**Thursday, 21 February 2019**
From 08:00-17:00

**Friday, 22 February 2019**
From 08:00 till 16:00
GENERAL INFORMATION

Scientific Hours

Thursday, 21 February 2019
From 09:00-18:00

Friday, 22 February 2019
From 09:00 till 17:30

Badge

All registrants must wear their name badge to have access to conference sessions.

Barcode

- Barcode will be printed on all badges of participants.
- All access to Halls of the Meeting will be with the badge.
- Please make sure scanning your badge before every session, as this is the only way to assure your attendance and taking your certificate

Language

The official language is English.
All lectures and presentations will be held in the English language only.
There will be no translation available
GENERAL INFORMATION

Certification

BDER 2019 is accredited by NHRA - Bahrain for **14.00** hours

NHRA Accredited Certificate will be delivered on Friday, 22nd of February 2019 at 15:00 from Registration Desk

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AMGEN

AstraZeneca
SCIENTIFIC AGENDA
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<td>08:00</td>
<td>Registration &amp; Networking - Refreshment</td>
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<tr>
<td>09:00-10:45</td>
<td>Session I</td>
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<tr>
<td>09:00-09:45</td>
<td>Keynote Lecture: <strong>Recent Advances in Diabetes</strong></td>
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<td>Speaker: Glenn Matfin, UAE</td>
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<td>Chairman: Mona Arekat</td>
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<tr>
<td>09:45-10:30</td>
<td>State of the Art Lecture: <strong>Thyroid Cancer Review</strong></td>
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<td>Speaker: Mahmoud Benbarka, UAE</td>
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<td>Chairman: Feryal AL Sabr</td>
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<tr>
<td>10:30-11:15</td>
<td>State of the Art Lecture: <strong>Endocrine Incidentalomas</strong></td>
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<td>Speaker: Naji Alamuddin, Bahrain</td>
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<td>Chairman: Ghazi Al Mahroos</td>
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<td>11:30-12:00</td>
<td>Opening Ceremony                   Wiam Hussein</td>
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<td>12:00-13:00</td>
<td>LUNCH &amp; PRAYER</td>
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<tr>
<td>13:00-13:45</td>
<td>Industrial Symposium - <strong>SANOFI</strong></td>
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### Thursday, 21 February 2019

#### DAY 1

#### 13:45-15:15  Session II

**13:45-14:15**  
**Polycystic Ovarian Syndrome: Diagnosis and Management**  
*Speaker: Salam Jibreel, Bahrain*  
*Chairman: Hussein Taha*

**14:15-14:45**  
**Osteoporosis Controversies and Emerging Therapies**  
*Speaker: Yousef Saleh, KSA*  
*Chairman: Azhar Naseeb*

**14:45-15:15**  
**Subclinical Hypothyroidism**  
*Speaker: Mahmoud Benbarka, UAE*  
*Chairman: Saed Khalaf*

#### 15:15-16:00  Industrial Symposium - Abbott

#### 16:00-16:30  COFFEE BREAK

#### 16:30-18:00  Session III

**16:30-17:00**  
**Skin and Diabetes**  
*Speaker: Hussain Juma, Bahrain*  
*Chairman: Ali Alzan*

**17:00-17:30**  
**Approach to hyperprolactinemia**  
*Speaker: Abdulmohsen Al Elq, KSA*  
*Chairman: Salam Jibreel*

**17:30-18:00**  
**Lipids in Diabetes: are the guidelines enough?**  
*Speaker: Haitham Amin, Bahrain*  
*Chairman: Yahya Al Zaman*
Friday, 22 February 2019

08:00  Registration & Networking - Refreshment

09:00-11:15  Session IV

09:00-09:45  State of the Art Lecture: **Diabetes and Obesity**
"Diabesity" in the Arab world
Speaker: Hussein Saadi, UAE
Chairman: Yousef Saleh

09:45-10:30  State of the Art Lecture: **Metabolic Surgery; is it a Cure for Diabetes?**
Speaker: Sultan Al Temyatt, KSA
Chairman: Naji Alamuddin

10:30-11:15  State of the Art Lecture: **Thyroid Nodules and Ultrasonography**
Speaker: Aly Bernard, UAE
Chairman: Feryal Al Sabr

11:15-11:30  Panel Discussion

11:30-13:00  Lunch & Friday Prayer

13:00-13:30  Industrial Symposium - Merck Serono
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<th>Title</th>
<th>Speaker</th>
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<tr>
<td>13:30-15:30</td>
<td>Session V</td>
<td>Thyroid Diseases in Pregnancy Review</td>
<td>Bashir Salih, UAE</td>
<td>Ali Sultan</td>
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<tr>
<td>14:00-14:30</td>
<td>Hyperparathyroidism Review</td>
<td>Speaker: Aly Bernard, UAE</td>
<td>Ghazi Al Mahroos</td>
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<td>14:30-15:00</td>
<td>Gestational Diabetes Review</td>
<td>Speaker: Bashir Salih, UAE</td>
<td>Syed Muneebuddin Ahmed</td>
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<td>15:00-15:30</td>
<td>Vitamin D Review</td>
<td>Speaker: Hussein Saadi, UAE</td>
<td>Mona Arekat</td>
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<td>15:30-16:00</td>
<td>Coffee Break</td>
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<tr>
<td>15:30-17:00</td>
<td>Session VI</td>
<td>Hyponatremia Review</td>
<td>Glenn Matfin, UAE</td>
<td>Dalal Al Romaihi</td>
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<td>16:30-17:00</td>
<td>Low testosterone; when to treat</td>
<td>Speaker: Yahya Al Zaman, Bahrain</td>
<td>Hussein Taha</td>
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<td>17:00-17:30</td>
<td>Closing Remarks</td>
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