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# BDER 2019

Bahrain Diabetes and Endocrine Review

21-22 February 2019

The Gulf Hotel, Bahrain



Accredited by



Thursday, 21 February 2019

DAY1

08:00 REGISTRATION & NETWORKING - REFRESHMENT

09:00-10:45 Session I

09:00-09:45 Keynote Lecture: **Recent Advances in Diabetes**

**Speaker: Glenn Matfin** Chairman: **Mona Arekat**

09:45-10:30 State of the Art Lecture: **Thyroid Cancer Review**

**Speaker: Mahmoud Benbarka** Chairman: **Feryal AL Sabr**

10:30-11:15 State of the Art Lecture: **Endocrine Incidentalomas**

**Speaker: Naji Alamuddin** Chairman: **Ghazi Al Mahroos**

11:30-12:00 Opening Ceremony **Wiam Hussein**

12:00-13:00 LUNCH & PRAYER

13:00-13:45 Industrial Symposium - SANOFI

13:45-15:15 Session II

13:45-14:15 Polycystic Ovarian Syndrome: Diagnosis and Management

**Speaker: Salam Jibreel** Chairman: **Hussein Taha**

14:15-14:45 Osteoporosis Controversies and Emerging Therapies

**Speaker: Yousef Saleh** Chairman: **Azhar Naseeb**

14:45-15:15 Subclinical Hypothyroidism

**Speaker: Mahmoud Benbarka** Chairman: **Saed Khalaf**

15:15-16:00 Industrial Symposium - Abbott

16:00-16:30 COFFEE BREAK

16:30-18:00 Session III

16:30-17:00 Skin and Diabetes

**Speaker: Hussain Juma** Chairman: **Ali Alzan**

17:00-17:30 Approach to hyperprolactinemia

**Speaker: Abdulmohsen Al Elq** Chairman: **Salam Jibreel**

17:30-18:00 Lipids in Diabetes: are the guidelines enough?

**Speaker: Haitham Amin** Chairman: **Yahya Al Zaman**

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Friday, 22 February 2019

DAY2

08:00 REGISTRATION & NETWORKING - REFRESHMENT

09:00-11:15 Session IV

09:00-09:45 State of the Art Lecture: **Diabetes and Obesity "Diabesity" in the Arab world**

**Speaker: Hussein Saadi**

**Chairman: Yousef Saleh**

09:45-10:30 State of the Art Lecture: **Metabolic Surgery; is it a Cure for Diabetes**

**Speaker: Sultan Al Temyatt**

**Chairman: Najji Alamuddin**

10:30-11:15 State of the Art Lecture: **Thyroid Nodules and Ultrasonography**

**Speaker: Aly Bernard**

**Chairman: Feryal Al Sabr**

11:15-11:45 Industrial Symposium

11:45-13:00 LUNCH & FRIDAY PRAYER

13:00-13:30 Industrial Symposium - Merck Serono

13:30-15:30 Session V

13:30-14:00 **Thyroid Diseases in Pregnancy Review**

**Speaker: Bashir Salih**

**Chairman: Ali Sultan**

14:00-14:30 **Hyperparathyroidism Review**

**Speaker: Aly Bernard**

**Chairman: Ghazi Al Mahroos**

14:30-15:00 **Gestational Diabetes Review**

**Speaker: Bashir Salih**

**Chairman: Jaafar Abbas**

15:00-15:30 **Vitamin D Review**

**Speaker: Hussein Saadi**

**Chairman: Mona Arekat**

15:30-16:00 COFFEE BREAK

15:30-17:00 Session VI

16:00-16:30 **Hyponatremia Review**

**Speaker: Glenn Matfin**

**Chairman: Dalal Al Romaihi**

16:30-17:00 **Low testosterone; when to treat**

**Speaker: Yahya Al Zaman**

**Chairman: Hussain Taha**

17:00-17:30 Closing Remarks